

Communion & Offering





Bulking Up My Spiritual

Disciplines

Winning the Daily Battle

Pastor Jeff Souders - February 16th, 2025

**Most of life's battles are won or lost
in your mind.**

For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. - 2 Corinthians 10:3-4

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. - 2 Corinthians 10:5

Winning the daily rumble

Our lives are always moving in the direction of our strongest thoughts.

For as he thinks in his heart, so is he. ...

- Proverbs 23:7

The life we have is a reflection of the thoughts we think.

THOUGHT PROCESS

**Worried
Negative
Worldly**

- **You cannot have a positive day when you have a negative mind.**
 - 1. Identify the biggest stronghold holding you back.**
 - 2. Name the truth that demolishes that stronghold.**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. - 2 Corinthians 10:5

His divine power has given us everything we need for a godly life ... - 2 Peter 1:3