

# Communion & Offering



A close-up photograph of a person's hand firmly gripping a metal barbell. The background is a blurred gym environment with bright light coming from a window, creating a warm, motivational atmosphere. The text is overlaid on a semi-transparent dark grey band across the middle of the image.

# Bulking Up My Spiritual Health

## Praying With and On Purpose

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*“And I will do whatever you ask in my name, so that the Father may be glorified in the Son. <sup>14</sup>You may ask me for anything in my name, and I will do it.” - John 14:13-14*

**The purpose of prayer is to know God so we can do His will.**

**I PRAYED, WHERE'S  
THE ANSWER?**

# Maybe there is a broken relationship.

*“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. <sup>25</sup>And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins.” - Mark 11:24-25*

*“Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, <sup>24</sup>leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.” - Matthew 5:23-24*

# Maybe you don't believe God will do it.

*“It has often thrown him into fire or water to kill him. But if you can do anything, take pity on us and help us.”<sup>23</sup>“If you can?” said Jesus. “Everything is possible for one who believes.”<sup>24</sup>Immediately the boy's father exclaimed, “I do believe; help me overcome my unbelief!” - Mark 9:22-24*

*... “Your faith has healed you.” ... - Matthew 9:22*

*... “Your faith has saved you ...” - Luke 7:50*

*... “According to your faith let it be done to you”;<sup>30</sup>and their sight was restored.... - Matthew 9:29-30*

# Maybe God has something different.

*This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. <sup>15</sup>And if we know that he hears us—whatever we ask—we know that we have what we asked of him.*

- 1 John 5:14-15